

Easter Season & Earth Day

EASTER CELEBRATION GOES FROM APRIL 17TH - JUNE 5TH, AND EARTH DAY IS ON APRIL 22ND. HERE ARE 5 IDEAS YOU MAY WANT TO CONSIDER TO HELP YOU CELEBRATE RESURRECTION THIS YEAR!



TURN OFF & TUNE IN

Try to set aside an hour each day over the course of the week to turn off screens and focus instead on observing what is living around you. You could count birds calls you hear, or ladybugs you find, or people you see on the street. If you're worried about filling the hour, try making a bird feeder out of a milk carton, drawing something that you notice in nature each day, or creating a log of weather conditions and patterns as the season changes.

GO FOR A STROLL OR ROLL

Get outside and move your body, thanking God for the ability to move, to breathe deeply, and to feel the warmth of the sun. Take special notice of rosy cheeks, chirping birds, and even rabbits changing colours! Just remember to practice sharing the pathways with generosity.



READ UP ON HOW MUCH GOD LOVES CREATION

Spend some time reading through a few passages that talk about Christ's redeeming work for all of creation. Try Genesis 1, Psalm 8 or 19 or 24 or 96 or 104..., Romans 8, or Revelation 21. Talk with your friends or family to talk about what you hear!

GO ON A SENSORY SCAVENGER HUNT

Seek out pieces of creation that help you notice the ways your body can sense the world. Listen for animals or windchimes, go looking for pussywillows and crocuses, splash in a puddle & feel the cool water, eat some icecream, or smell the dirt as the ground thaws. If you need inspiration, check out Meewasin Valley's latest resource at https://meewasin.com/wp-content/uploads/2021/03/Eco-Scavenger_Hunt_SPRING2021.pdf



RESEARCH WHAT GROWS IN SASKATCHEWAN (AND WHAT NEEDS HELP TO KEEP GROWING)

Learn some more about our neighbours in creation! Challenge yourself to learn 3 new facts about Hairy Prairie-Clover, Mouse-Ear Cress, Sand Verbena, Whorled Milkweed, Piping Plover, and Swift Fox and think about how you can be an advocate for local flora & fauna! Start some seeds that you can plant later in May!

WE'D LOVE TO HEAR WHAT ELSE YOU COME UP WITH!

Email us your stories or share your stories on Facebook or Instagram. While you're at it, check out some additional resources from some folks that teach us a lot:

Clean-up Challenge

Meet Kate!

About a year ago Kate had the great idea that as part of her preparation to come to church each week she would take a lap of our building and pick up any garbage she saw to make the space more beautiful for our neighbours and to honour God's creation.

So she asked for some gloves to keep her safe and clean, and she got to work! Kate says that she's happy she can participate in this work, but "it's a lot for just one person!"

This Easter season, we'd like to invite you to join Kate's effort to care for the earth around you.

Try setting aside some time to pick up 50 pieces of trash in your neighbourhood - one for every day of Easter Celebration and seeing it as an act of worship, remembering that God is making all things new.



**If you need gloves or garbage bags talk with Kari and she'll get the supplies you need!
Email kari@ebap.ca or call 306-477-1234 ext. 133.**

**Just one note of safety: please steer clear of picking up needles or broken glass.
Those items need a special bit of care to make sure they don't hurt anyone.*

But! You can contact csp.saskatoon.ca/needle-pick-up or 306-975-3030
and they'll make sure any needles are properly cleaned up.