

Give thanks to the Lord, for he is good. His love endures forever. Psalm 136:1

Recognizing Provision the harvest display

You care for the land and water it;
You enrich it abundantly.

The streams of God are filled with water
To provide the people with grain,
For so you have ordained it.

You drench its furrows and level its ridges;
You soften it with showers and bless its crops.

You crown the year with your bounty,
And your carts overflow with abundance.

Psalm 65:9-11

The fall season and its harvests particularly remind us of the extravagance and bounty of God's provision for us. The word 'provision' finds its roots in the idea of forethought and preparation— of foreseeing a need and making a plan to take care of it. And isn't this just what God has committed to do in our lives? Take some time to reflect on, and write down some of the various ways that God has provided for you in your own seasons of life this past year. Where have you experienced his abundance? What about the less obvious places—where do you recognize God's faithfulness in times of want?

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Come	Eat	and	Drink
		tl	he table

This is how God showed his love among us:

He sent his one and only Son into the world that we might live through him.

I John 4.9

The table is the center of our gathering, and it is here that we remember and experience God putting on flesh and coming to give us life. In Jesus we have God's incredible gift of mercy and unconditional love, and he continues to offer this love and grace. The table is the constant invitation to come, again and again, to receive forgiveness, to be reoriented, to know God's profound generosity, and to give thanks. The table is for you, whoever you are, wherever you come from. Come, tear off some bread, dip it in the juice, and experience again the gift of God's life-giving presence. In what ways does this 'meal' stir thankfulness in you?

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Praising God the wall

Come and hear, all you who fear God; Let me tell you what he has done for me. Psalm 66:16

God is present and active in our daily lives. When we slow down and look for signs of God's activity, we find we have much to be thankful for. By sharing our personal praise and thanksgiving of God's generousity and goodness, we join in the collective voice that tells the broader story of God's moving in our midst. Come add your voice and write a few things you are thankful for on the wall.

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Saying Thanks the thank-you cards

I have not stopped giving thanks for you, remembering you in my prayers.

Ephesians 1:16

Sometimes we don't see our relationships for the gifts that they are. Other times, we recognize the blessings of true community and connection but fail to voice the gratitude and appreciation that we feel. Take some time to write a note to say thank you to someone in your life whom you are grateful for.

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Feeding God packing a meal

For I was hungry, and you fed me...Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine You did it for me

Matthew 25:35.40

Jesus moved into the neighborhood and is present and active in our daily lives. His big idea is that we replicate the generosity and care He freely gives. We are to be the hands, feet, and even the eyes of Jesus, taking notice of those around us and responding to their needs. At this station you can pack a meal for our neighbours in the city who are hungry and have limited or no access to food. The packed meals will be put into the Riversdale Community Fridge so those who need a meal can help themselves.

Here are the directions...

Please start by using the hand sanitizer provided on table and then place the following items into an x-large freezer bag:

- -one can of ham
- -one bag of rice
- -one bag of carrots
- -two applesauce cups
- -two brownies

Close up the zip lock bag and put it on the table marked 'packed bags'

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Creativity and Gratitude craft activity

For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Ephesians 2:10

Humanity was created in the image their Creator. As we have been brought into existience through creativity we have also been given the gift of creativity. At this station there is opportunity to fuse creativity with gratitude. Make a magnet (or several) and use them to hold something that puts you in touch with gratitude. Maybe use the magnet to hold up a picture of someone dear to you, or a note that you've been given, or a quote that speaks to you, or perhaps you want to make some to give away...

Go	ing	De	еp	er

Steep your life in God-reality, God-initiative, God-provisions.

Don't worry about missing out.

You'll find all your everyday human concerns will be met.

Matthew 6.33 (The Message)

In what ways has G	iod spoken to you about thankfulness?	
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As you move throu	igh your week, how can thankfulness impact your way of living?	
	And may the recognition of God's generosity lead us to praise and thanksgiv	ing.