

*“Humility is a companion to curiosity, surprise, and delight. Spiritual humility is not about getting small. It is about encouraging others to be big. It is not about debasing oneself but about approaching everything and everyone with a readiness to be surprised and delighted. This is the humility of the child. It is the humility in the spirituality of the scientist and the mystic — to be planted in what you know, while living expectantly for discoveries yet to come. The wisest people we’ve interviewed carry a humility that manifests as tenderness in a creative interplay with power.”*

*-OnBeing’s Civil Conversations Project*

01. How would you define humility? How do you think humility affects interactions and conversations between people?
  
02. What do you think it means that spiritual humility is not about getting small but about encouraging others to be big?
  
03. What do you think it means to be planted in what you know while living expectantly for discoveries yet to come? How does that impact conversations that may carry polarization and disagreement?
  
04. If humility manifests as tenderness, how does that have the ability to shift, change, or diffuse power dynamics? Can you think of any examples from your own experience?
  
05. Scott said that for him, humility in difficult conversations is the ability to hold space for the possibility of being wrong. What might the possibility of being wrong do to change your posture toward another experience?